Look. Mother! If tongue is coated, give "California Syrup of Figs."

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely.

A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, stomach sours, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act naturally, breath is bad, system full of cold, has sore throat, stomach-ache or diarrhoea. Listen, Mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well child again.

Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

Avoid the Deformity.

Do you know why it is that most noses point east? Take notice in this regard of the people you meet, and you will see that their noses nearly always are turned quite markedly to the right, instead of being set straight on their faces. It is a deformation attributable to the fact that since early childhood they have used their handkerchiefs with their right hands, giving the nose each time a tweak to the right.

### SALTS IF BACKACHY OR KIDNEYS TROUBLE YOU

Eat Less Meat If Your Kidneys Aren't Acting Right or If Back Hurts or Bladder Bothers You.

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid which overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and loggy. When your kidneys get sluggish and clog you must relieve them like you relieve your bowels; removing all the body's urinous waste, else you have backache, sick headache, dizzy spells; your stomach sours, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys, also to neutralize acids in the urine so it no longer irri-

tates, thus ending bladder weakness. Jad Salts is a life saver for regular meat eaters. It is inexpensive, cannot injure and makes a delightful, effervescent lithia-water drink .- Adv.

Favors are seldom satisfactory. The best way is not to need them.

> When all others fail to please Try Denison's Coffee.

A bachelor says the best pet dogs come in glass cases.

# PAINS IN SIDE

How Mrs. Kelly Suffered and How She was Cured.

Burlington, Wis .- "I was very irregular, and had pains in my side and back.



Lydia E. Pinkham's Vegetable Compound Tablets and using two bottles of the Sanative Wash I am fully convinced that I am entirely cured of these troubles, and feel better all over. I know your remedies have done me worlds of

good and I hope every suffering woman will give them a trial."-Mrs. ANNA KELLY, 710 Chestnut Street, Burlington, Wis.

The many convincing testimonials constantly published in the newspapers ought to be proof enough to women who suffer from those distressing ills peculiar to their sex that Lydia E. Pinkham's Vegetable Compound is the medicine they need.

This good old root and herb remedy has proved unequalled for these dreadful ills; it contains what is needed to restore woman's health and strength.

If there is any peculiarity in ham Medicine Co. (confidential), placed across the front of the gown transparent tunic. Lynn, Mass., for free advice.

# SMOCKING WELL LIKED

DESIGNED FOR WARM DAYS

This charming set of hat, cushion and

workbag are primarily designed for

the lazy days at Palm Beach, when

one can sit on the sand, and while

watching the waves be engaged in

sewing shirts for soldiers or other

good deeds accomplished with

needles and thread. The entire com-

bination is of old rose. The sweater

is one of old rose and white stripes.

The hat is an old rose creation and

the skirt is a white corduroy one.

HELPS IN THE SEWING ROOM

Small Hints That Will Be Appreciated

by Matron Who Has Work to

Do at Home.

fective finish to a tea or tray cloth. It

will stand repeated launderings, and is

far better than using a cheap lace or

Any piece of fancy work will show

to the best advantage if care is taken

in matching linings, ribbons or cords

used in the making up. Do not be con-

tent with a shade that is not exactly

Have you tried coffee grounds as a

filling for pincushions? They should,

of course, be well dried and packed

very tightly into the case. Needles

and pins kept in such a cushion will

The old-fashioned emery cushion is

a most useful possession to the needle-

woman, especially when working in

hot weather. Passing a needle through

an emery cushion two or three times

polishes it, and makes it pass through

Crocheted laces and edgings will set

better if they are shrunk before being

Black and White.

command their share of popularity,

and street hats of black velvet or

age, black and white striped ribbon,

Hats of black and white continue to

sewn to the article to be trimmed

materials smoothly.

badly worked crochet edging.

A plain, broad hem is always an ef-

DAINTY ADORNMENT POPULAR WITH ALL.

Grown-Ups as Well as Children Have Their Garments So Beautified-Developing Color Sense in the Little Ones.

That charming art of smocking is very prominent this season, and both grown-ups and children wear garments that are daintily smocked in self-stitching or contrasting colors. Loose wraps, particularly are often smocked and this work not only makes the wrap set well, but serves as an adorn-

Perhaps from association of ideas, and perhaps from the very daintiness of the needlework, smocking has always been considered especially appropriate to and undoubtedly is ever becoming to little children. The dress illustrated gives a very simple smocked dress, with smocking at the wrist as well as around the yoke. Some lovely little blue and pink frocks are smocked with white, and vice versa and a mother with a sense of the artistic will add sash and hair ribbons to match the color of the smock-

The writer saw one little girl lay her ribbons upon the stripes in her school frock and pick out the shade that matched the stripe she considered most effective. The child's sense



The Fashionable Smock.

of color was perfect and her choice al ways the best. Any little tot may be taught a color judgment by giving it the ribbons it is to wear and teaching it to match those ribbons, or harmonize them, with some color in its frock. The dress illustrated may be gathered and not smocked, if the moth-

Leather-Toned Duvetyn the Mode.

There is a soft leather tone in duvetyn that looks like suede which has crept in among the other street tones and which is very much liked; it is especially effective in top coats that satin are trimmed with white plumare worn over black and dark blue gowns, and it lends itself easily to white braid or white beaded birds or skunk for collar and cuffs.

GIVE STIFFNESS TO SKIRTS

Parisian Modistes Are Making Much Use of Crinoline and Haircloth in the New Styles.

Regarding skirts, aside from their greater width and their maintenance of short lengths, the most remarkable feature about them is the use of crinoline and haircloth. The latter have actually arrived. For many weeks and months there have been rumors to but after taking | the effect that they were on the way; and at last these rumors have been substantiated in many of the dresses sent from Paris to America and recently exhibited.

A model from Jeanne Lanvin, for instance, uses black malines in countless yards, cut in flounce arrangement and mounted over crinoline without any interposition of satin or other softening material. The malines is gathered very freely and thereby partly conceals the unlovely foundation. The hem of the crinoline is stiffened with an inch-wide band of haircloth, also uncovered.

The skirt shows two flounces mounted over the stiffened foundation. The done. malines forming the flounces is striped around by bands of black satin ribbon, whose edges are defined with white crystal beads. These ribbons are again used on the blouse, hanging free from the edge of the semidecolletage and serving to break the stiff line of the mode-which, by the way,

the designer calls Velasquez. frock, aside from its farthingale sug-

to edge the round line of the low neck. This collar is in reality an adaptation of the sort of ruff seen in the portraits of Philip II. Its application to the modern gown is unique because it does not touch the throat and, moreover, it does not extend across the

Unbleached Muslin Spread.

Every woman likes to own a handsome spread, but the majority of spreads call for such expensive materials that few women can afford to indulge in the luxury. However, here is a spread which is within almost every woman's reach. It can be duplicated for about five dollars. The spread is made of unbleached muslin. All over its surface conventional scrolls are outlined by means of huge French knots. On the spread in question white knots are used, but there is no reason why one could not use colored cotton to carry out the color scheme employed in one's bedroom. The edge of the spread is finished with cotton fringe.

In place of a quilting party, why not have a spread party? The work will then be quickly and pleasantly

Skirts Cover Boot Tops.

Skirts are short, but not too short which means that for the street they cover at least the upper edge of the buttoned boot. Dancing frocks, worn with slippers, may be a trifle shorter. In many instances outer tunics of chiffon or indestructible voile fall sev-The truly Spanish feature of this eral inches below the foundation skirt

APPLE TREE HAS MONUMENT

Canadian Farmers Recognize Worthy Part Played by Progenitor of Fruit in the Dominion.

Perhaps one of the most curious monuments in existence has recently been built in Ontario by Canadians. The farmers have just erected a marble pillar to mark the site on which grew a famous apple tree.

More than a century ago a settler in Canada named McIntosh, when clearing a space in which to make a home in the wilderness, discovered among a number of wild apple trees one which bore fruit so well that he cultivated it and named it McIntosh

The apple became famous; seeds and cuttings were distributed to all parts of Canada, so that now the Mc-Intosn Red flourishes wherever apples grow in the great Dominion. In 1896, the original tree from which this enormous family sprang was injured by fire; but it continued to bear fruit until five years ago. Then, after 15 years, it died, and the grateful farmers have raised a marble pillar in honor of the tree which has done so much for the fruit-growing industry of their land.

The story of this apple tree illustrates the African proverb that though you can count the apples on one tree, you can never count the trees in one apple.-Popular Science Monthly.

YANKED YOUTH TO SAFETY

Former Idaho Cowboy Skillfully Uses Driving Rein to Save Imperiled Skater.

After hanging on the edge of a sheet of ice for 15 minutes with feet and body dangling in icy water at the dam of the Thurmont Power company, Charles, twelve-year-old son of Mrs. B. M. Jones of Thurmont, was saved from drowning by Frank Harne of Foxville, formerly an Idaho cowboy. The youngster was pulled from the ice by a lasso fashioned from a driving rein and thrown by Harne.

With a view of determining whether the ice would bear his weight, the boy ventured on it and plunged through a weak section. In his fall he clutched solid ice, and as Harne, accompanied by his brother, drove by in a buggy he was discovered. Harne stopped, tore a rein from the harness of the horse and hurriedly fashioned a lasso, then ventured on the ice until he came within range. Then he tossed the lasso, and the noose settled over the neck of the boy, who was pulled to safety.-San Francisco Dispatch Philadelphia Record.

A Visiting Librarian.

Mary Dewitt Titcomb has extended the field of the circulating library in Washington county, Maryland, until it reached the most inaccessible on the rural delivery list. With the consent of the trustees, she built a "library wagon," which was made much like a laundry wagon. It had side doors opening outward and each side was fitted with shelves of books. Drawn by two mules, the library started out into the country. Now the wagon has been taken off and in its place is a library motor car which carries a visiting librarian who advises the families and helps select the books they want. The teachers of the district schools also use the library motor car to choose pictures and books for their pupils. The traveling library makes two trips a week, or 16 routes, covering the entire county, which has 50,000 inhabitants. Miss Titcomb says that the people in the country do not read as much fiction as her patrons in the city do.

Woman's Idea of War.

This is the final opinion of war that an American woman formed after seeing it in reality. It is a quotation from "Kings, Queens and Pawns," in which Mary Roberts Rinehart gives her first-hand impressions.

"War is not two great armies meeting in the clash and frenzy of battle. "War is a boy carried on a stretcher, looking up at God's blue sky with bewildered eyes that are soon to close. War is a woman carrying a child that has been injured by a shell. War is spirited horses tied in burning buildings and waiting for death. War is the flower of a race, battered, hungry,

bleeding, up to its knees in filthy war. "War is an old woman burning a candle before the Mater Dolorosa for the son she has given for 'King and Country.

To Supply British Juror Shortage.

How is the shortage of jurors occasioned by the war to be remedied? Sir George Lewis proposes, in a contribution to the Law Journal, the immediate adoption of the recommendation made by Lord Mersey's committee that the right to trial by jury should be restricted. The committee, or rather the majority of its members, proposed that the question whether an action should be tried by a jury, except an action affecting personal character, should be determined by a judge. Thus the supply of jurymen would be made sufficient by reducing the demand upon their services.-London Globe.

Recruits.

Recruiting posters in England are numerous and striking. One of them shows the black silhouettes of soldiers climbing a hill with bayonets at the ready. "Don't stand looking at of silk or satin, and the ankles appear | this," says the inscription, "but go

No Time to Spare.

"Now that the football season is over and it's rather too early for baseball, I guess our boy at college will be able to do a little studying," said Mrs. Dubwaite.

"I'm afraid not," answered Mr. Dubwaite. "He writes me that his social duties have been sadly neglected."

#### RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, small box of Barbo Compound, and & oz of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and removes dandruff. It is excellent for falling hair and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off .- Adv.

He-You always seem so self-pos-

She-Yes: I don't believe in getting

Piles Cured in 6 to 14 Days Druggists refund money if PAZO OINTMENT fails to cure Itching, Blind, Bleeding or Protruding Piles. First application gives relief. 50c.

yearn to follow.

An irresistible impulse is one we

Makes Hard Work Harder

A bad back makes a day's work twice as hard. Backache usually comes from weak kidneys, and if headaches, dizziness or urinary disorders are added, don't wait-get help before the kidney disease takes a grip-before dropsy, gravel or Bright's disease sets in. Doan's Kidney Pills have brought new life and new strength to thousands of working men and women. Used and recommended the world over.

An Indiana Case



Terre Haute, Ind., Mas in such severe pains only relief. One doctor said an operation was necessary. I used Doan's Kidney Pills in-

Thomas E. Vest.

stead and in a month, they cured me. I am now in the best of health." Get Doan's at Any Store, 50c a Box

PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.



Radical Departure. "Just a word, young man," said the owner of the store.

"Yes, sir." "If a customer knows what he wants, sell it to him. I know that a star salesman can always sell him something else, but I have a theory that it will pay just as well to sel him what he wants."

FOR BABY RASHES

Cuticura Soap is Best Because So Soothing and Cooling. Trial Free.

If baby is troubled with rashes, eczemas, itchings, chafings or hot, irritated skin follow Cuticura Soap bath with light application of Cuticura Ointment to the affected part. Nothing so soothing, cooling and refreshing when he is fretful and sleepless.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.-Adv.

During the Bugsome. The Golf Insect-Where did the Beetle fall off his game, caddie? hele, sir: he lost four strokes getting

To Fortify the System

over an anthill.

Against Winter Cold Many users of GROVE'S TASTELESS chill TONIC make it a practice to take a number of bottles in the fall to strengthen and fortify the system against the cold weather during the winter. Everyone knows the tonic effect of Quinine and Iron which this preparation contains in a tasteless and acceptable form. It purifies and enriches the blood and builds up the whole system. 50c.

Shiftless people are never the ones | who worry about it.

Your Liver Is Clogged Up That's Why You're Tired-Out of Sorts -Have No Appetite. CARTER'S LITTLE

LIVER PILLS will put you right in a few days. They do their duty.

Cure Constipation, Biliousness, Indigestion and Sick Headache SMALL FILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

CARTERS

FRESH FROZEN GREEN BAY, WIS.

The Caddie Insect-At the seventh | Ford Owners-\$2.50 will start your car eas lly in coldest weather. Save gasoline, give more power, reduce carbon deposit, reduce wear, give uniform mixture and smooth running. Ask us how. Live agents wanted. Henes Sales Corp., 462 Deming Pl., Chicago, Watson E. Coleman,

SEND FOR COMPLETE PRICE LIST

Here's a Real Opportunity - How to obtain Government positions. Contracts, Congressional and Departmental information. Valuable book free. Sa-tional Information Bureau, 618 6th St., S.W., Washington D.C. BE AN ACTOR, actress. Attend The Langetaff

Dramatic School by correspondence. Terms, one dollar. Prizes. 1129 East Market Street, Indianapolis W. N. U., Indianapolis, No. 4-1916.

## WHY "ANURIC" INSURANCE AGAINST SUDDEN DEATH! Sufferers from Backache, Rheumatism and Kidney Trouble

Before an Insurance Company will | Experience has taught Dr. Pierce that take a risk on your life the examining "Anuric" is the most powerful agent physician will test the urine and re- in dissolving uric acid, as hot water port whether you are a good risk. melts sugar; besides being absolutely When your kidneys get sluggish and harmless it is endowed with other clog, you suffer from backache, sick- properties, for it preserves the kidheadache, dizzy spells, or the twinges neys in a healthy condition by thorand pains of lumbago, rheumatism and oughly cleansing them. Checks the degout. The urine is often cloudy, full generation of the blood-vessels, as well of sediment; channels often get sore as regulating blood pressure. "Anuric" and sleep is disturbed two or three is a regular insurance and life-saver times a night. This is the time you for all big meat eaters and those who should consult some physician of wide deposit lime-salts in their joints. Ask experience—such as Dr. Pierce, of the the druggist for "Anuric" put up by Dr. Invalids' Hotel and Surgical Institute, Pierce, in 50-cent packages.

your case requiring special advice, write the Lydia E. Pinkly plaited white mousseline which is smart buttoned boots through the clearly unofficial—was chalked on a sample package of his new discovery—
ly plaited white mousseline which is smart buttoned boots through the clearly unofficial—was chalked on a sample package of his new discovery—
makes weak women strong, sick glass "Blimey, when are you going?" | "Anuric." Write him your symptoms women well. No alcohol. Sold in and send a sample of urine for test. tablets or liquid.